

CARLOW CHESS CLUB PRESENTS

CARLOW RAPID 2026

Located SEVEN OAKS HOTEL

MAIN SPONSOR

CARLOW CREDIT UNION

Open to All ICU Members (www.icu.ie)

Time Control: 15 Mins + 10 Secs

FIDE RATED – 7 Rounds

Arbiter: James Forde

Entry Fee: €25 (€20 for Students, OAP's)

Master Tilted Players – Free Entry

Saturday June 27th 2026

10.15am to 18.30pm

Entries Close: Friday June 19th 2026

PRIZE POOL: €1000

ENTER: www.icu.ie

Contact: John Kelly 083 158 7211

John10878@gmail.com

CARLOW RAPID CHESS TOURNAMENT 2026

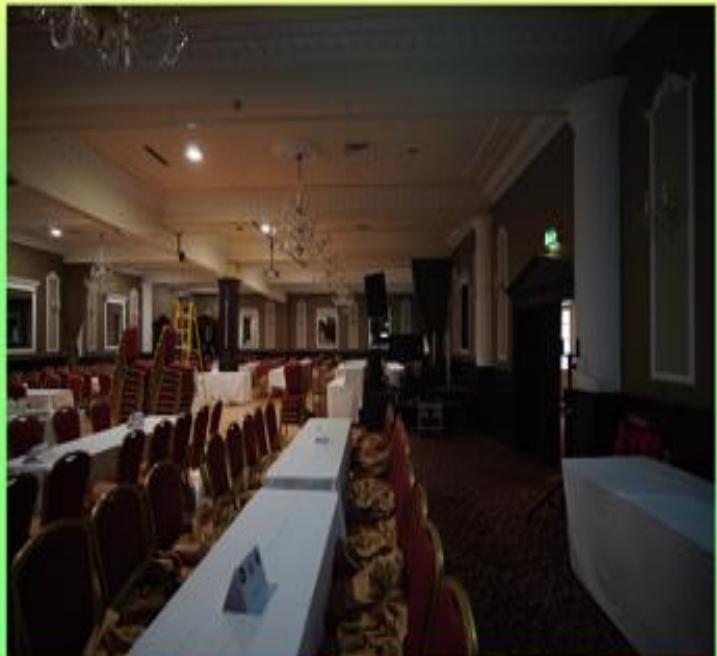
Info Package

**The Seven Oaks Hotel
Athy Road, Carlow
R93V4K5**



Venue

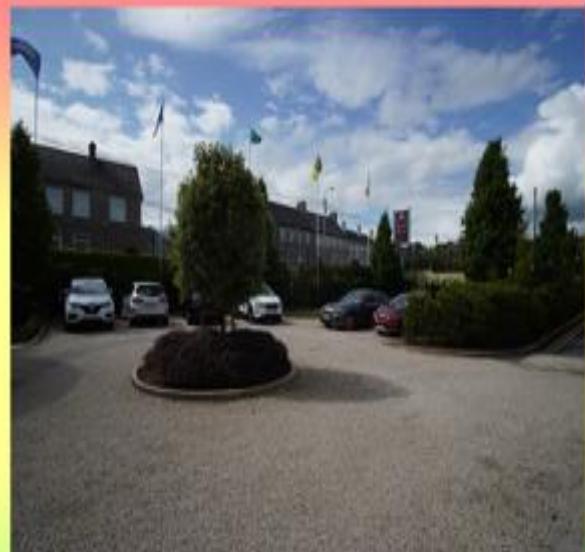
**The main
playing hall is
spacious,
comfortable
and is
perfectly
equipped for
the day's
event!**



Parking

There's plenty of on-site parking around the Seven Oaks Hotel!

At the front of the building, right by the front entrance.

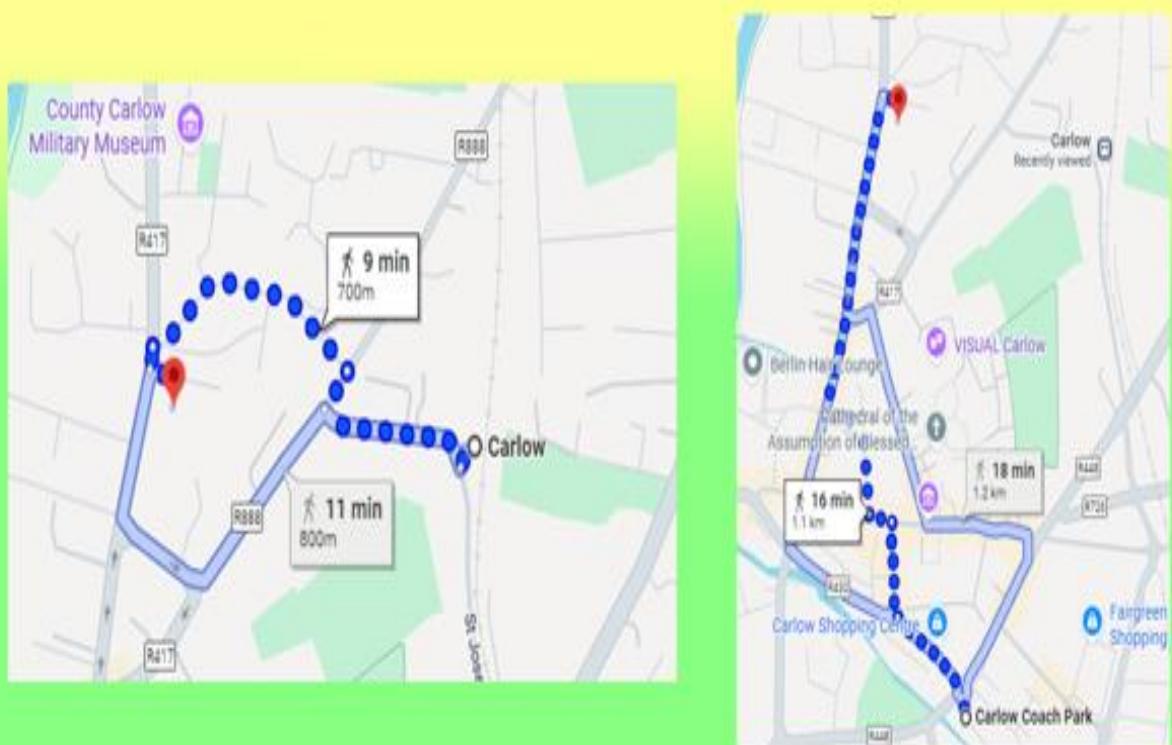


Around the back of the building - plenty of space to hold every participant!



Transport

The Seven Oaks Hotel is a convenient 10 minute walk from the train station or a 15 minute walk from the main bus stop, making it perfectly accessible for public transport!



Venue Food

In the Seven Oaks Hotel, there's an in-house restaurant to eat in between rounds for a hearty lunch!



LET'S DO LUNCH AT THE SEVEN OAKS HOTEL

Served Monday to Saturday from 12.30pm to 4pm

TO START

| Homemade Soup of the Day served with Homemade Brown Soda Bread (1,2,3) | £7.95 | |
|--|--------|--|
| Seven Oaks Seafood Chowder served with Homemade Brown Bread (1,2,4,5,6,10) | £9.95 | |
| Deep Fried Button Mushrooms coated in Breadcrumbs and served with Garlic Mayonnaise (1,2,7,10) | £11.95 | |
| Spicy Glazed Chicken Wings topped with Sesame Seeds and served with a Blue Cheese Dip (1,2,10) | £11.95 | |
| Chicken Liver Pate served with a Berry Compote and Toasted Sourdough (1,2,10) | £11.95 | |

CHEF'S SIGNATURE SANDWICHES

| Ploughman's Panini - Ham, Cheese, Red Onion and Tomato Relish (1,2,3,10) | £12.95 | |
|---|--------|--|
| Open Egg Salad Sandwich on Homemade Brown Bread topped with Smoked Paprika (1,2,3,10) | £12.95 | |
| Smoked Bacon and Chicken Pesto Ciabatta - Garlic Roasted Cherry Tomatoes, Pesto Mayonnaise in Ciabatta Bread (1,2,3,10) | £12.95 | |
| Spice Bag Chicken Wrap - Crispy Chicken with Shredded Carrot, Onion, Red Pepper and Chips Tossed in Spices (1,2,3,10) | £12.95 | |
| Toasted Sourdough with Roast Vegetables, Buffalo Mozzarella, Garlic and Basil Pesto (1,2,3,10) | £16.95 | |

All the above served with a cup of Soup (1,2,10) or French Fries (10)

SALAD DISHES

| Cajun Chicken Caesar Salad, Gem Lettuce, Crunchy Croutons topped with Parmesan Shavings (1,2,4,5,10) | £14.95 | |
|--|--------|--|
| Smoked Salmon, Avocado, Cucumber and Rocket Salad topped with Caper and Dill Dressing (1,2) | £15.95 | |



LUNCH SPECIAL

| | |
|---|-------|
| Homemade Sausage Roll Served with Tossed Salad, French Fries and Tomato Relish (1,2,3,10) | £9.95 |
|---|-------|

MAIN COURSES

| | |
|--|--------|
| Stir Fry Vegetables in a Sweet Chilli Sauce served with Noodles (1,3,10,11) | £19.95 |
| Homemade Beef* Lasagne served with Garlic Bread, Coleslaw and French Fries (1,2,3,10) | £21.95 |
| Chicken and Mushroom Vol-au-Vent served with Tossed Salad and French Fries (1,2,3,10) | £21.95 |
| Deep Fried Pheasant coated in Breadcrumbs served with Tossed Salad, Tartar Sauce and Fries (1,2,4,10,11) | £21.95 |
| Savoury Beef* and Carlow Ale Pie served with Fresh Market Vegetables and Creamed Potatoes (1,2,4,10,11) | £22.95 |
| Today's Joint of the Day served with Fresh Market Vegetables and Creamed Potatoes (1,2,4,10,11) | £22.95 |
| Chicken and Spanish Chorizo Tagliatelle in a Fresh Tomato and Herb Sauce served with Garlic Bread (1,2,3,10) | £21.95 |

*All our Beef is of Irish Origin

<<< ENJOY YOUR MEAL >>>

DISPENSER

1. Glazing; 2. Crustation; 3. Eggs; 4. Fish; 5. Peanut; 6. Sesame; 7. Dairy; 8. Nut; 9. Celery;
10. Mustard; 11. Sesame Seeds; 12. Sulphur Dioxide & Sulphites; 13. Lupin; 14. Mollusc



Deli Food

Right across the road, there's a well-priced newsagents and deli for an easy lunch!

