

**CARLOW CHESS CLUB PRESENTS**

**CARLOW RAPID 2026**

**Located SEVEN OAKS HOTEL**

**MAIN SPONSOR**

**CARLOW CREDIT UNION**

**Open to All ICU Members ([www.icu.ie](http://www.icu.ie))**

**Time Control: 15 Mins + 10 Secs**

**FIDE RATED – 7 Rounds**

**Arbiter: James Forde**

**Entry Fee: €25 (€20 for Students, OAP's)**

**Master Tilted Players – Free Entry**

**Saturday June 27<sup>th</sup> 2026**

**10.15am to 18.30pm**

**Entries Close: Friday June 19<sup>th</sup> 2026**

**PRIZE POOL: €1000**

**ENTER: [www.icu.ie](http://www.icu.ie)**

**Contact: John Kelly 083 158 7211**

**[John10878@gmail.com](mailto:John10878@gmail.com)**

**CARLOW RAPID CHESS TOURNAMENT 2026**

# **Info Package**

**The Seven Oaks Hotel  
Athy Road, Carlow  
R93V4K5**



# Venue

**The main  
playing hall is  
spacious,  
comfortable  
and is  
perfectly  
equipped for  
the day's  
event!**



# Parking

**There's plenty of on-site parking around the  
Seven Oaks Hotel!**

**At the front of the  
building, right by the  
front entrance.**



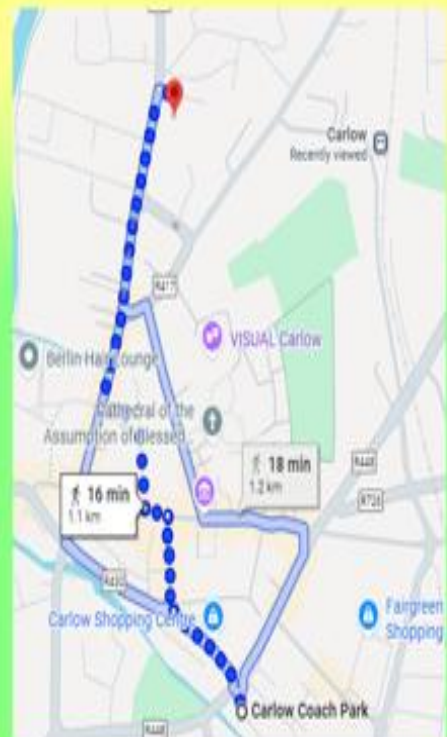
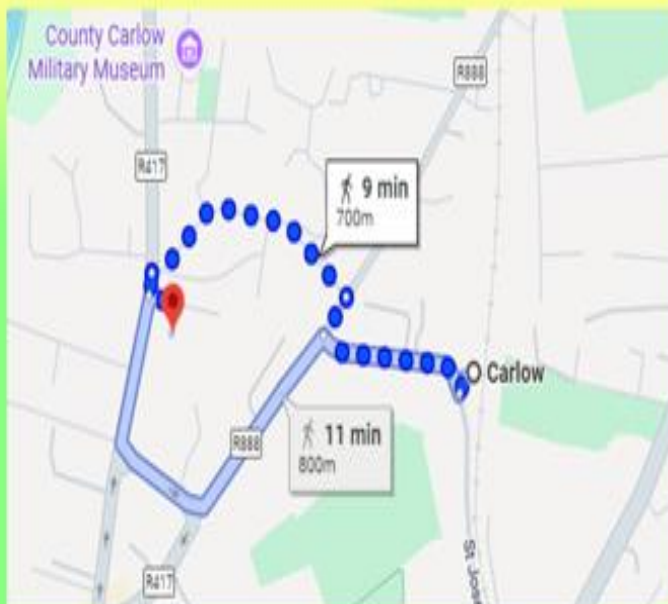
**Around the back of the  
building - plenty of  
space to hold every  
participant!**





# Transport

**The Seven Oaks Hotel is a convenient 10 minute walk from the train station or a 15 minute walk from the main bus stop, making it perfectly accessible for public transport!**



# Venue Food

In the Seven Oaks Hotel, there's an in-house restaurant to eat in between rounds for a hearty lunch!



## LET'S DO LUNCH AT THE SEVEN OAKS HOTEL

Served Monday to Saturday from 12:30pm to 4pm

### TO START

|  |        |
|--|--------|
| Homemade Soup of The Day served with Homemade Brown Soda Bread (1,7,10)                        | €7.95  |
| Seven Oaks Seafood Chowder served with Homemade Brown Bread (1,2,7,10,11,14)                   | €9.95  |
| Deep Fried Button Mushrooms coated in Breadcrumbs and served with Garlic Mayonnaise (1,2,7,10) | €11.95 |
| Spicy Glazed Chicken Wings topped with Sesame Seeds and served with a Blue Cheese Dip (1,7,10) | €11.95 |
| Chicken Liver Pate served with a Berry Compote and Toasted Sourdough (1,7,10)                  | €12.95 |

### CHEF'S SIGNATURE SANDWICHES

|   |        |
|---|--------|
| Pilgrimage's Panini - Ham, Cheese, Red Onion and Tomato Relish (1,7,10,11)  | €12.50 |
| Open Egg Salad Sandwich on Homemade Brown Bread topped with Smoked Paprika (1,2,7,10)                                   | €12.50 |
| Smoked Bacon and Chicken Pesto Ciabatta - Garlic Roasted Cherry Tomatoes, Pesto Mayonnaise in Ciabatta Bread (1,2,7,10) | €12.50 |
| Spice Bag Chicken Wrap - Crispy Chicken with Shredded Carrot, Onion, Red Pepper and Chilli Tossed in Spices (1,2,7,10)  | €12.50 |
| Toasted Sourdough with Roast Vegetables, Buffalo Mozzarella, Garlic and Basil Pesto (1,2,7,10,11)                       | €16.00 |

All the above served with a cup of Soup (1,7,10) or French Fries (10)

### SALAD DISHES

|   |        |
|---|--------|
| Cajun Chicken Caesar Salad, Gem Lettuce, Crunchy Cresson topped with Parmesan Shavings (1,2,7,10,11,12) | €14.50 |
| Smoked Salmon, Avocado, Cucumber and Rocket Salad topped with Caper and Dill Dressing (1,10)            | €15.50 |



### LUNCH SPECIAL

|   |       |
|---|-------|
| Homemade Sausage Roll Served with Tossed Salad, French Fries and Tomato Relish (1,2,7,10) | €9.95 |
|---|-------|

### MAIN COURSES

|  |                   |
|--|-------------------|
| Stir Fry Vegetables in a Sweet Chilli Sauce served with Noodles (1,2,10,11)                                  | €19.95            |
| Homemade Beef* Lasagne served with Garlic Bread, Colelaw and French Fries (1,2,7,10)                         | €21.95            |
| Chicken and Mushroom Vol-au-Vent served with Tossed Salad and French Fries (1,2,7,10)                        | €21.95            |
| Deep Fried Fish coated in Breadcrumbs served with Tossed Salad, Tartar Sauce and Fries (1,2,7,10,11)         | €21.95            |
| Savoury Beef* and Carlow Ale Pie served with Fresh Market Vegetables and Creamed Potatoes (1,2,7,10,11)      | €22.95            |
| Today's Joint of the Day served with Fresh Market Vegetables and Creamed Potatoes (1,2,7,10,11)              | €21.95/<br>€22.95 |
| Chicken and Spanish Chorizo Tagliatelle in a Fresh Tomato and Herb Sauce served with Garlic Bread (1,2,7,10) | €21.95            |

\*All our Beef is of Irish Origin

<<< ENJOY YOUR MEAL >>>

Allergies:

1. Gluten; 2. Crustaceans; 3. Eggs; 4. Fish; 5. Peanuts; 6. Soybeans; 7. Dairy; 8. Nuts; 9. Celery; 10. Mustard; 11. Sesame Seeds; 12. Sulphur Dioxide & Sulphites; 13. Lupin; 14. Molluscs



# Deli Food

**Right across the road, there's a well-priced newsagents and deli for an easy lunch!**

